

# GMC CONNECT



GANDHI MEDICAL COLLEGE BHOPAL PLATINUM JUBILEE YEAR 2025



**NEWSLETTER AUGUST 2025** 

# **GUIDING LIGHT OF GMC:**



## **GANDHI MEDICAL COLLEGE, BHOPAL**

## PERMANENT PRINCIPALS / DEAN SINCE 1955 ONWARDS

1.	Dr. S. C. SINHA	PRINCIPAL	1955	1956
2.	Dr. KRISHNA	PRINCIPAL	1956	1957
3.	Dr. R. P. SINGH	PRINCIPAL	1958	1963
4.	Dr. NARENDRA SINGH	PRINCIPAL	1964	1966
5.	Dr. S. M. MISHRA	DEAN	1967	1971
6.	Dr. M. KUMAR	DEAN	1971	1972
7.	Dr. S. M. MISHRA	DEAN	1973	1975
8.	Dr. S. S. GUPTA	DEAN	1975	1978
9.	Dr. SANTOKH SINGH	DEAN	1979	1981
10.	Dr. R. P. BHARGAV	DEAN	1981	1984
11.	Dr. B. B. L. MATHUR	DEAN	1984	1985
12.	Dr. O. P. SHARMA	DEAN	1985	1988
13.	Dr. V. K. AGRAWAL	DEAN	1988	1989
14.	Dr. S. BOSE	DEAN	1989	1991
15.	Dr. N P. MISHRA	DEAN	1991	1992
16.	Dr. G. V. RANGNEKAR	DEAN	1993	1994
17.	Dr. T. N. MEHROTRA	DEAN	1994	1995
18.	Dr. R G. SINGH	DEAN	1995	1995
19.	Dr. P. K. JAIN	DEAN	1995	2000
20.	Dr. M. TANKWAL	DEAN	2000	2001
21.	Dr. M. P. SINGH	DEAN	2001	2002
22.	Dr. (MRS.) S. B. GUPTA	DEAN	2002	2004

## **GANDHI MEDICAL COLLEGE, BHOPAL**

# PERMANENT PRINCIPALS / DEAN SINCE 1955 ONWARDS

SINCE 1955 ONWARDS								
23.	Dr. S.S. SHARMA	DEAN	29.09.04	31.12.04				
24.	Dr. N. SHRIVASTAVA	DEAN	01.01.05	30.06.05				
25.	Dr. (MRS.)S.B. GUPTA	DEAN	01.07.05	09.01.06				
26.	Dr. N. SHRIVASTAVA	DEAN	10.01.06	04.07.06				
27.	Dr. M.K. SARASWAT	DEAN	05.07.06	24.01.07				
28.	Dr. N. SHRIVASTAV	DEAN	25.01.07	20.08.09				
29.	Dr. REENA ANAND	DEAN	21.08.09	28.09.09				
30.	Dr. B.P. DUBEY	DEAN	29.09.09	28.02.10				
31.	Dr. YOGESH VERMA	DEAN	29.02.10	28.09.10				
32.	Dr. N. SHRIVASTAVA	DEAN	29.09.10	02.08.13				
33.	Dr. B.P. DUBEY	DEAN	03.08.13	31.07.15				
34.	Dr. ULKA SHRIVASTAVA	DEAN	04.08.15	23.12.16				
35.	Dr. M.C. SONGRA	DEAN	24.12.16	10.12.18				
36.	Dr. ARUNA KUMAR	DEAN	11.12.18	08.10.19				
37.	Dr. T.N. DUBEY	DEAN	09.10.19	18.01.20				
38.	Dr. ADITYA AGARWAL	DEAN	19.01.20	27.03.20				
39.	Dr. A.K. SHRIVASTAVA	DEAN	28.03.20	17.05.20				
40.	Dr. ARUNA KUMAR	DEAN	18.05.20	13.03.21				
41.	Dr. JITEN SHUKLA	DEAN	01.04.21	10.11.21				
42.	Dr. ARVIND RAI	DEAN	11.11.21	17.08.23				
43.	Dr. SALIL BHARGAVA	DEAN	18.08.23	22.04.24				
44.	Dr. KAVITA N. SINGH	DEAN	23.04.24					

# **GMC LEGACY BUILDERS**

## HONOURING ALUMNI WHO INSPIRE THROUGH THEIR GENEROUS CONTRIBUTIONS



Name: Dr. G.D Tiwari

Batch: 1972

**Contribution**: 5,00,000



Name: Dr. Pradyumna Pandey,

Batch: 1984

Contribution: 2,50,000



Name: Dr. R.S. Meena,

Batch: 1985

Contribution: 2,50,000



Name: Dr. Vijaya Laxmi

Batch: 1976

Contribution: 1,14,000



Name: Dr. Jasbir Kaur

Batch: 1979

Contribution: 1,08,000



Name: Dr. C. K. Dubey

Batch: 1972

Contribution: 1,00,000



Name:

Dr. Shashank Yeshawant kothari

Batch: 1969

Contribution: 1,00,000



Name: Dr. Sanjay Saxena

Batch: 1968

Contribution: 1,00,000



Name: Dr. Sanjay Kumar

Batch: 1983

Contribution: 1,00,000



Name: Dr. Sushil Jindal

Batch: 1974

Contribution: 1,00,000



Name: Dr. Ashok Tiwari

Batch: 1976

Contribution: 1,00,000



Name: Dr. Sudha Asthana

Batch: 1972

Contribution: 1,00,000



Name:

Dr. Santosh Kumar R. Sharma

Batch: 1973

Contribution: 1,64,000



Name: Dr. Jaishree Beedkar

Batch: 1972

Contribution: 1,14,000



Name: Dr. Hemant Subhas

Batch: 1987

Contribution: 1,00,000

## **KNOWLEDGE & REFLECTIONS**



DR. (PROF.) P. C. MANORIA (BATCH 1966)

It is with great pride, affection, and gratitude that I extend my heartfelt greetings to Gandhi Medical College, Bhopal, on the momentous occasion of its Platinum Jubilee Year–2025, celebrating 70 glorious years of excellence in medical education and service.

Being an alumnus of this esteemed institution is an honor. I carry with deep respect, the years I spent within the historic walls of GMC not only shaped my professional journey but also instilled in me values of discipline, compassion, and service—qualities that have stayed with me throughout my career and life. Gandhi Medical College has been more than just a place of learning; it has been a nurturing ground, mentors inspired us, and a lifelong commitment to the healing profession was cultivated. Today, as we look back on this incredible journey of 70 years, we also look forward to the future with hope and confidence in the generations to come.

I take this opportunity to congratulate the college leadership, faculty, students, alumni, and staff—past and present—for their continued dedication to upholding the rich legacy of GMC. May the college continue to flourish, innovate, and inspire for decades to come. With warm regards and best wishes,

DR. BHANU DUBEY (BATCH: 1969)



As the founding President of the Alumni Association at GMC Bhopal, it gives me immense pride to see how far we've come. Our first office space was generously provided by Dr. N.P. Mishra sir, and under the dynamic leadership of Dr. Arvind Rai, the association reached new heights. Today, I truly believe it rests in the safest hands. My best wishes for the upcoming Platinum Jubilee Celebrations—I'm confident it will be a grand success.



DR. GAURI SHANKAR SHEJWAR (BATCH:1969)

गाँधी मेडिकल कॉलेज से मेरा जुड़ाव मेरे लिए सदैव गर्व का विषय रहा है। यहाँ से प्राप्त शिक्षा, संस्कार और साथ ने मेरे जीवन और कार्यक्षेत्र को दिशा दी है।

आज यह देखकर अत्यंत हर्ष होता है कि GMC Alumni Association अपनी निष्ठा और समर्पण के साथ कॉलेज के गौरव को निरंतर नई ऊँचाइयों तक ले जाने का कार्य कर रही है। उनके प्रयास—चाहे वह आपसी जुड़ाव को मजबूत करना हो, सामाजिक उत्तरदायित्व निभाना हो या संस्थान के विकास हेत् योगदान—सभी सराहनीय और प्रेरणादायक हैं।

आगामी प्लैटिनम जुबली कार्यक्रम के लिए मैं दिल से शुभकामनाएँ देता हूँ। मुझे विश्वास है कि यह उत्सव न केवल हमारे अतीत की गौरवशाली परंपरा को याद दिलाएगा, बल्कि आने वाली पीढ़ियों के लिए प्रेरणा का स्रोत भी बनेगा।

## **MESSAGE FROM OUR SENIORS:**



### Rear Admiral (Retd.) Dr. Vijay Pahwa (Batch 1956-61)

Dr. Vijay Pahwa, a proud alumnus of Gandhi Medical College belonging to the 2nd batch (1961), went on to complete his MD in Pathology from the institution in 1975. The strong foundation laid at GMC guided his distinguished career in the Armed Forces, where he served as Specialist in Pathology and Microbiology, later holding academic positions as Reader, Associate Professor, and Professor at AFMC Pune. He ultimately rose to the position of Commanding Officer of the Naval Hospital and retired as Surgeon Rear Admiral in 2000.

During his service, he published several articles and served as Editor-in-Chief of the Medical Journal Armed Forces India. Post-retirement, he continued to contribute to academics as Professor and Dean at UCMS, Nepal, until 2018.

He fondly cherishes his GMC days and remains deeply grateful to his alma mater, teachers, seniors, and colleagues, while extending his best wishes for the Platinum Jubilee celebrations.



#### Dr. Meera Narsimhan (Batch:1986)

Dr. Meera Narasimhan, M.D. is Professor and Chair of the Department of Neuropsychiatry and Behavioral Sciences at the University of South Carolina School of Medicine, Columbia. She also serves as Senior Medical Director for Behavioral Health at Prisma Health–Midlands and Special Advisor to the USC President for Health Innovations. In addition, she is on faculty at the Medical University of South Carolina, Charleston

Dr. Narasimhan has been a strong advocate for mental health awareness, policy development, telehealth, and patient-centered initiatives, working with academic, public, and private partners. She has led NIH, foundation, and industry-funded projects, including suicide prevention programs in South Carolina.

Her contributions have been recognized nationally and internationally with awards from the American Psychiatric Association, NAMI, Mental Health America, Yale University, AFSP, AAPI, IAPA, and others. She is a recipient of the prestigious Hind Rattan Award (2014) for global achievements and the SC Telehealth Community Innovator Award (2017).



#### Colonel Dr. Girijesh Saxena (Batch 1966)

An alumnus of Gandhi Medical College, Bhopal, Dr. Saxena served with distinction in the Armed Forces from the 1971 Indo-Pak war until 2003, retiring as a senior medical officer from Military Hospital, Bhopal. Post-retirement, he has contributed as Medical Superintendent at ECHS Polyclinic and JK Hospital, and continues as a consultant in hospital and health management, also advising NABH.

Alongside his medical career, Dr. Saxena has been deeply engaged in literature, with more than a dozen books of poetry, short stories, and translations to his credit, including Chanakya Ke Daant, Satya Tathya Katha, and Gandhi Ke Aansoo. He has also edited and published the bilingual magazine The Ex-Man.

A recipient of multiple awards at local, state, and national levels, he continues to inspire through his writings and teaching in health management and literature.



## ▶ DProf. Dr. Manohar Lal Shrestha (Batch:1966) ∢

Prof. Dr. M.L. Shrestha is a renowned surgeon, medical educator, and healthcare leader from Nepal. A Colombo Plan Scholar, he completed his MS from Calcutta University and later earned prestigious fellowships including FRCSEd, FICS, FCPS, and FASI. With over 25 years of academic leadership, he has served as Professor and Head of Surgery at NAMS and Nepal Medical College, as well as an examiner for the Royal College of Surgeons of Edinburgh. He has mentored thousands of medical students and pioneered postgraduate and super-specialty training programs in Nepal.

A visionary in healthcare, Dr. Shrestha played a foundational role in establishing key institutions such as Nepal Medical College & Teaching Hospital, Lumbini Medical College, and Vayodha Hospitals, greatly shaping Nepal's medical infrastructure. His influence extends through research, policy-making, and international collaboration. He has held leadership positions including President of the Society of Surgeons of Nepal and the Nepal Medical Association (Lumbini Branch), and contributed significantly to the Nepal Medical Council. Beyond medicine, he has led community health camps, supported cultural restoration projects, and earned national honors like the Gorkha Dakshin Bahu and Birendra Aishwarya Padak, alongside global recognition. A philanthropist, leader, and former badminton champion, he remains an inspiring

## कविता "रक्त की आत्म गाथा"

रक्त की कहानी, रक्त की जुबानी।

हिन्दू हो या मुसलमान, निर्बल हो या पहलवान।

सिख हो या ईसाई, मौलवी हो या कसाई।

खोजते ही रह जाएँगे मुझमें फ़र्क न कर पाएँगे।

कोई सरहद मुझे रोक सके ऐसा किसी में दम नहीं,

मैं किसी भी मुल्क में रहूँ , मुझे कोई ग़म नहीं।

ट्रम्प हो या ओबामा,चाहे जो लो नाम, रंग भेद से परे हूँ मैं,रक्त वाहिनियाँ मेरा धाम। मुझ पर राजनीति करने की, मत करना तुम भूल, बस इंसान की रगो में बेहना,यही मेरा ऊसूल।

समाज के रखवालों से करता हूँ एक अपील, मेरा व्यापार करके, मत करो मुझे ज़लील।

जाति,धर्म और वर्ग से बना रहा पेहचान , कितना छोटा हो गया लहू बेच इंसान।

नोटों के इस खेल से रहना चाहता हूँ आज़ाद, काश! कि मेरी सोच का हो पाता अनुवाद।

मौक़ा दीजिये अपने रक्त को औरों की रगों में बेहने का ,

ये खूबसूरत तरीका है ज़िस्मों में ज़िंदा रहने का!

जीवन में करना हो,यदि काम महान, तो नियमित करते रहे स्वैच्छिक रक्तदान।



 डा. अर्चना श्रीवास्तव भोपाल (1987)

# ALUMNI @ WORK.. अभी तकः

## 01. Launch of the Second Edition of GMC E-Connect July 2025 | Gandhi Medical College, Bhopal

The second edition of GMC E-Connect, the official alumni magazine of Gandhi Medical College, Bhopal, was successfully launched in July 2025.



Carrying forward the spirit of connection and celebration initiated with the inaugural edition, this issue highlights inspiring alumni journeys, institutional milestones, community outreach activities, and shared memories from generations of GMCians.

The continued success of E-Connect reflects the collective enthusiasm of the alumni community and the dedication of the editorial team. It serves as a vibrant platform to honour our legacy while strengthening bonds across batches in this Platinum Jubilee year.

02. Visit to Narmadapuram for Mahasampark Abhiyan July 2025 | Narmadapuram (Hoshangabad)

As part of the Platinum Jubilee Mass Contact Program, the GMC Alumni team visited Narmadapuram (Hoshangabad) in July 2025. The program witnessed enthusiastic participation from alumni across the region, including representatives from Itarsi.



The meet was hosted at a local hospital and provided a warm platform for reconnecting with alumni, sharing updates about the upcoming GMC Alumni Mahakumbh, and receiving wholehearted support and commitment for the celebrations.

This visit further strengthened the spirit of unity and collaboration among GMC alumni, adding momentum to the Platinum Jubilee Mahasampark Abhiyan.



**05. GMC Foundation Day Celebration**August 13, 2025 | Gandhi Medical College, Bhopal

Gandhi Medical College, Bhopal, celebrated its Foundation Day on 13th August 2025, marking 70 years since its establishment (1955–2025) in this Platinum Jubilee year.

The program began with a floral tribute at the statue of Mahatma Gandhi, followed by a cake-cutting ceremony at the GMC building badminton court. A brief address was delivered by representatives of MTA, JDA, the Alumni Association, along with the Dean and Superintendent of GMC.

The celebration concluded with a formal vote of thanks, encapsulating the rich legacy of GMC and its continuing journey of excellence.

3. Philanthropic Contribution towards Lady Bhore Centre July 2025 | Gandhi Medical College, Bhopal We are extremely delighted to share that the Lady Bhore Urban Health Centre, an important part of GMC, is set to be upgraded through a generous pledge made in memory of Dr. Vinita Jain, who dedicated decades of service to this centre.



A contribution of ₹20 lakhs has been pledged, marking the largest individual contribution in the history of GMC. The upgradation work is expected to be completed before the Platinum Jubilee Celebrations. On the same occasion, a free meal distribution program was organised for patients' relatives through *Prerna Sewa Trust*, supported by JDA, MTA and the GMC Alumni Association. The initiative reflected the spirit of service and community welfare that remains at the heart of GMC.

This landmark contribution and noble service initiative will be remembered for years to come as a testament to compassion, commitment, and the GMC legacy.

## 4.High Tea Meeting of Alumni Executives and Platinum Jubilee Committees July

27, 2025 | GMC Alumni Office, New Library Block A muchawaited High Tea meeting of the GMC Alumni Association was held on 27th July 2025 at the Alumni Office, New Library Block. The gathering brought together executive members, batch coordinators, Platinum Jubilee Organising Committee members, sub-committee representatives, and student bodies.

The meeting focused on reviewing the progress of ongoing work, sharing follow-up updates on activities completed so far, and discussing the collective vision for the upcoming Platinum Jubilee Celebrations. Around 40 alumni attended the session, actively contributing valuable opinions and suggestions. The Alumni Association extends heartfelt gratitude to all participants for their enthusiastic involvement and looks forward to the continued support of remaining members in upcoming meetings to ensure the success of this landmark year.





6. Tree Plantation Drive August 2025 | Gandhi Medical College Campus

A tree plantation drive was organized by members of the GMC Alumni Association as part of the Platinum Jubilee initiatives. Alumni came together to plant saplings across the campus, reinforcing the commitment towards a greener environment and sustainable future. The activity not only enhanced the beauty of the campus but also reflected the alumni's dedication to social responsibility and environmental stewardship.

# Tentative Program Schedule: GMC Alumni Mahakumbh (Platinum Jubilee Celebrations)

## Dear Alumni,

With great pride and anticipation, we are pleased to share the tentative schedule for the much-awaited GMC Alumni Mahakumbh, a landmark celebration of the Platinum Jubilee of our beloved Gandhi Medical College, Bhopal.

While the final schedule will be shared in due course, here's a tentative outline of the two-day celebration to help you plan your participation. Please note that changes may occur, and all updates will be communicated through your respective Batch Coordinators.

## Day 1: 20th December, 2025

**Venue**: Gandhi Medical College (Day), Ashoka Lake View Hotel (Evening)

## **Morning Session**

Inaugural Ceremony at Gandhi Medical College – Formal commencement of the Mahakumbh with dignitaries, respected faculty and alumni.

#### **Afternoon Session**

Interactive Alumni Session – A heartfelt space for sharing memories, acknowledging contributions, and shaping a collective vision for GMC's future.

#### **Evening Session**

Grand Musical Night – A live celebrity performance at Ashoka Lake View Hotel to celebrate our bond and spirit in a vibrant atmosphere.

## **Day 2: 21st December, 2025**

**Venue:** Gandhi Medical College Campus

Full-Day Carnival & Batch-wise Interaction

A day full of reconnections! Alumni will engage in batch-wise interactions, enjoy a vibrant campus carnival featuring cultural exhibits, food courts, fun activities and informal discussions - all curated to ensure that alumni remain immersed within the campus spirit throughout the day.

#### **Scientific session:**

Interactive scientific session for overseas and GMC alumni on Medical updates in New LT-3 by reputed alumni of GMC. Topic and other details will be disclosed later.

#### **Evening Session:**

GMC Orchestra Night - A soulful musical performance by current students and alumni artists, echoing the emotion, history and pride of GMC.

## **Important Note for All Alumni:**

### Important Note for All Alumni:

Please stay in touch with your Batch Coordinator for real-time updates and event details.

You can now view your batch details on the official website of the GMC Alumni Association – Platinum Jubilee Celebration: www.alumniofgmc.org

To update your batch details, contact your Batch Coordinator or Alumni Team on the **Mobile No.: +91 7225020546.** 

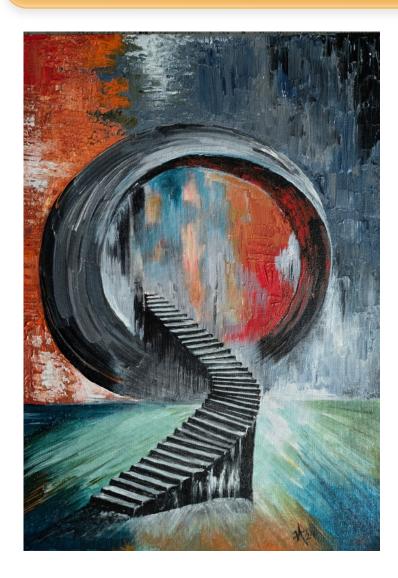
We welcome your suggestions to make this celebration truly memorable.

Let's unite once again - to honor our roots, strengthen our bond, and pass the legacy forward. Join us in making this Mahakumbh a celebration of life, learning, and lasting connections.

#### - GMC Alumni Association

## She is a prize winner painter from GMC

# Paintings by : Dr. Varsha Vaishnav (1987)





# **ENDING NOTE:**

- 📑 3rd Edition of GMC Connect Newsletter release आपके हाथों में है।
- 🍴 Canteen area demarcate हो चुका है और नया canteen जल्दी शुरू होगा।
- 🚻 Toilets renovation का tender Dean साहब ने higher officials की meeting के बाद निकाल दिया है।
- ♦ Girls Hostel में Water Filtration Plant भी एक alumnus के support से लगाया जा रहा है।
- 🙏 हमें मालूम है अभी कुछ shortcomings हैं और discussions चलते रहेंगे, लेकिन...
- 🜟 Milne ka mazaa hi alag hoga तो मिलते हैं Mahakumbh Platinum Jubilee Celebration में... आप सबका active participation ही इस celebration की असली जान होगा।

So let's gear up together!

🏢 Stay arrangements nearby hotels − Taj, Ananta, Jehan Numa & Ashoka − ताकि transport & logistics आसान रहें।

## GMC MAHAKUMBH 20th - 21st Dec 2025

📢 \*जीएमसी महाकुंभ – प्लैटिनम जुबली वर्ष\*

प्रिय साथियों, गांधी मेडिकल कॉलेज महाकुंभ की तैयारियाँ जोरों पर हैं 🐪। यह हम सबके लिए गौरव का अवसर है।

- 👉 \*रजिस्ट्रेशन शुल्क (15 सितम्बर तक):\*
- \* ₹8,000 (इंडिविजुअल)
- \* ₹14,000 (विद स्पाउस)
- ▼ 15 सितम्बर के बाद शुल्क बढ़ने की संभावना है।
  अतः आप सभी से अनुरोध है कि \*शीघ्र रजिस्ट्रेशन करें\* ✓
- 🗎 रजिस्ट्रेशन फॉर्म संलग्न है।

https://docs.google.com/forms/d/e/1FAIpQLSclGEZL2CjD Z4XBB8eJDzHNxlVTWn7H6t-

CoAmAONG3WqMjdA/viewform?usp=header

कृपया इस सूचना को अपने बैच ग्रुप में अवश्य साझा करें और मित्रों को भी प्रेरित करें।

🔌 सबके मिलने से यह मिलन महोत्सव अविस्मरणीय बनेगा।

टीम 🙏 जी एम सी अलूमनी एसोसिएशन

## **\* Closing Note**

गुज़रे लम्हों की खुशबू साथ लिए, दोस्ती और अपनापन की सौगात लिए। जश्न-ए-जुबली में मिलेंगे फिर से सभी, GMC की अपनी पहचान लिए। -Team GMC Alumni

Concept by Dr. Ajay Mehta

This edition of GMC Connect was edited by:

Siddhartha Kumar Rai (Batch 2022 student at GMC Bhopal)

Thank you for your continued support.
- GMC Alumni Team

## SCAN & PAY



UPI ID: aluminigandhimedical@sbi





## **EDITORIAL BOARD:**

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